



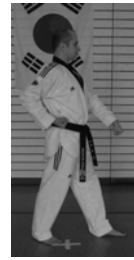
4. Ap-gubi  
Momtong  
Kwon-jirugui



3. Ap-sogi  
Arae-makki



Junbi



1. Ap-sogi  
Arae-makki



2. Ap-gubi  
Momtong  
Kwon-jirugi

Ausholbewegung zu 5a



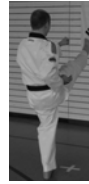
5a. Ap-sogi  
Momtong-an-  
Makki



18b Ap-sogi Momtong-Kwon-jirugi mit Kiai



17b Ap-sogi Momtong-Kwon-Jirugi



18a Ap-chagi



10b Ap-gubi  
Olgul-  
Kwon-jirugi



10a Ap-chagi



9. Ap-sogi  
Arae-makki



6. Ap-sogi  
Momtong-  
an-makki



17a  
Ap-chagi



7 Ap-sogi  
Arae-makki



8a Ap-chagi



8b Ap-gubi  
Olgul-  
Kwon-jirugi

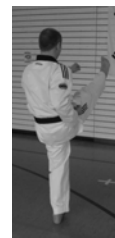
Ausholbewegung zu 11



11. Ap-sogi  
Olgul-makki



16b Ap-sogi Momtong-Kwon-jirugi



16a Ap-chagi



13. Ap-sogi  
Momtong-an-  
Makki



12. Ap-sogi  
Olgul-makki



15. Ap-sogi  
Arae-makki



14. Ap-sogi  
Momtong-an-makki