

19 = Juchum-sogi
Sonnal-dung-momtong-hechyo-makki

20 = Juchum-sogi
Sonnal-arae-hechyo-makki

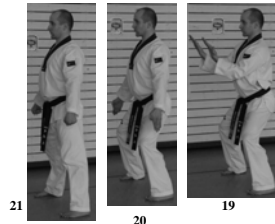
21 = Pyonhi-sogi mit der Fußstellung
in Juchum-sogi
Hände zu Fäusten geballt

22 = Ap-gubi Duro-olligi

23 = Ap-gubi Bawi-milgi

24 a = Ap-chagi

24 b = Ap-gubi Chettari-jirugi



18 = Ap-gubi Bawi-milgi

17 = Dwit-gubi Sonnal-arae-makki



16 a b = Ap-gubi Dubon-jirugi



15 = Ap-gubi Pyonsonkut-opo-chirugi

14 = Dwit-gubi Batangson-goduro momtong-makki



12b
Juchum-sogi
Yop-jirugi
mit KIAI

12a
Ap-sogi
Batangson
nullo-makki

11
Juchum-sogi
Santul-hechyo-
makki



13
Juchum-sogi
Monge-chigi

Junbi



1
Pyonhi-sogi
Hwangso-makki

2
Pyonhi-sogi
Bakkat-palmok-
santul-makki

3
Dwit-gubi
Batangson-
goduro-momtong-
makki



Bild 3a
Hand öffnet
siehe Bild 8a
und dreht in 3a



3b
Ap-gubi
Pyonsonkut-
opo-chirugi



10b
Ap-gubi Momtong-
dubon-jirugi

10a

9
Ap-gubi
Pyonsonkut-
opo-chirugi



Bild 8a
Hand öffnet
und dreht in
siehe Bild 3a

8
Dwit-gubi
Batangson-
goduro-
makki

7a

Moa-
sogi

7
Juchum-sogi
Monge-chigi



4a
Ap-gubi Momtong-dubon-jirugi

4b



5
Juchum-sogi
Hechyo-santul-
makki

6a
Ap-sogi
Batangson
nullo-makki

6b
Juchum-sogi
Yop-chirugi
mit KIAI

25 a = Ap-chagi

25 b = Ap-gubi Chettari-jirugi

25b

25a



31

30



29

31 = Dwit-gubi Chettari-jirugi

30 = Dwit-gubi Chettari-jirugi

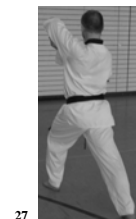
29 = Dwit-gubi
Sonnal-dung-makki

26 a = Ap-chagi
Hände an der Seite zu
Jagun-dolchogwi

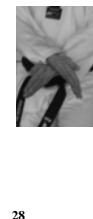
26 b = Dwit-koa-sogi +
Dung-jumok-goduro-
ape-chigi
mit KIAI

26a

26b



27



28

28 = Bom-sogi +
Sonnal-otgoro-
area-makki

27 = Ap-gubi Bawi-milgi

